



## “Resourceful Waste for Climate Resilience”

Or: how to Reduce Reuse Recycle –  
waste less and gain more.

# Resourceful Waste #1: Why Should You?

- Believe it or not - landfills are filling up
  - More people means more rubbish, and there's a lot of us!
- Harm for the environment
  - Untreated waste is poisonous to the environment and is a threat to the animals, too
- Save money
  - Reducing & Reusing saves you many pennies, if you put your imagination into it!

# Resourceful Waste #2: How to Reduce

- Buy items with less packaging
- Choose experiences over items: give concert/cinema/theatre tickets etc. as a gift instead of things
- Use food containers to store your leftovers instead of using cling film or foil
- Buy second hand: charity shops, car boot sales, fairs and online

# Resourceful Waste #3: How to Reduce

- Choose to refill instead of buying new
  - Water, washing liquids, flour, cereal etc.
- Reduce food waste
  - Always plan what you buy
- Repair old things
  - Remember needle and thread!
- Use your own bags in shops

# Resourceful Waste #4: How to Reuse

- Swap items with friends (clothing, books, films, children's toys and sports equipment)
- Give old a “makeover” – paint chairs and tables, sew old fabrics (clothing) into pillows, use empty glass jars as flower vases or candle holders and so on
- Use reusable shopping bags
- Fix equipment, furniture, appliances etc. instead of buying new ones

# Resourceful Waste #5: How to Recycle

- Always separate your empty glassware (jars, bottles) from your waste and take to an appropriate bin
- Wash/rinse all packaging – milk and juice bottles, yoghurt pots, margarine containers etc. and take to appropriate bin
- All garden waste belongs to a Brown bin – but no food waste please!

# Resourceful Waste #6: How to Recycle

- All paper is recyclable! Magazines, newspapers, advertisements, posters, catalogues etc.
- Take old clothes/ ones you don't use anymore to charity shops or clothing banks
- Always take old batteries to a recycling point – there's usually one in supermarkets (Tesco, Sainsbury's etc.)

# Resourceful Waste #7: What goes where?

- Glasgow City Council Recycles:
  - **Blue Bin**: Card, cardboard, paper (newspapers magazines, catalogues, brochures, telephone directories, card packaging), plastic bottles, cans, tins and empty aerosol cans
  - **Green Bin**: Glass bottles and jars
  - **Brown Bin**: Green materials – garden waste such as grass cuttings, leaves, hedge trimmings, plants and garden weeds
- Residual (**black**) Bin: All other non-recyclable household waste



# Resourceful Waste #8: Tips to Reduce Waste (from Greener Scotland)

1. Buy firmer fruit & vegetables loose instead of pre-packed
2. Choose local produce and veg boxes delivered to you
3. Avoid multipacks in everything
4. Refill containers when you can – with cereal, musli, washing powders & liquids etc.
5. Use refillable water bottles instead of buying bottles from shop! Scotland has the cleanest tap water in the World (check this) – there's no need to buy water from shops

# Resourceful Waste #9: More tips to Reduce Waste (from Greener Scotland)

1. Buy music and films online rather than CDs and DVDs
2. If you have to print, print both sides and use refillable toner cartridges
3. Stop junk mail – register with Mailing Preference Service
4. Buy second hand or recycled products whenever possible
5. Buy rechargeable batteries instead of single-use ones